

These days they are trying to strike your birth sex from our birth records. We are not defined as male or female. Physically we are born one way or the other. People always then argue that some are born with both genitals. It is rare that it happens but we talk like it's the norm. You are either male or female at birth. Why is that so wrong? Does it matter?

When you look in the mirror what do you see? I see a man but some people see deeper than that. They see the feminine or masculine in their face. They know they like girly stuff or macho things. Those people base their lives on what they see and feel. A person might look manly or feminine, yet they are the opposite sex. Why do I look like I do? Let's talk about that in this chapter.

Feminine can be described as qualities associated with women or the female gender. Recently we have tried to change that. This word "female" can now be described as any traits exhibited by anyone who acts or portrays themselves as female. I get it really I do. I can cry like a woman in a chick flick. I can love my kids like a mother. I have female qualities. They do not make me female. To some they do. Do the qualities a female exhibit's make them female? Are we more of one sex than the other?

In the beginning of our human existence the Bible says that God created man. I know people have different views on this but for the sake of amusing me let's go with the God theory. God then realized that man seemed alone. God gave man all sorts of animals to fill his life, yet something was still missing. God then proceeded to make woman from the man. He took a rib from man while he was in a deep sleep. Have you ever asked yourself: why didn't God just make another man? Even I might love a buddy to watch football with over a woman. Since they say we were once cavemen why not just make the ultimate man cave?

Obviously God was thinking outside the box on this one. He chose to make a woman, and he made her body different than the man. We both are made of the same stuff, but we are different physically. I find it interesting that we have two of many things. We have two lungs, legs, eyes, and ears. Why did God decide that breasts and testicles needed to be different (yet still two)? We each have one sex organ that is different. Why don't all the creatures on the earth have the same things like people do? Why do we need two of some things? I know there are scientific answers, but I'm curious, aren't you? It's like God was playing with Play-doh like we did as kids. Creation is uniformed but also all over the map.

Somehow we have discovered something about our bodies that 4000 years of humanity missed. Why do we think we have the answers now? If we were to live like the Walking Dead or Revelation survivors do on TV, who would survive? Would the women and transsexuals rise up and conquer the men in this world. Maybe they would and maybe they would not. My point is that in this present society we can change the rules, but if we took out the present era, the rules would go back to the way things have always worked. You can take the role of men out but the male remains. Think about it. Would your self-imposed label make you a better candidate for survival in a Zombie apocalypse?

Ok let's throw God out of it? Why are we different or are we? A man's body is generally bigger and stronger. That is not always the case but generally that's the way it is. In reality men and woman are different sizes, different strengths, and different intellects. Either story of creation or evolution makes humans to be humans. Our history came up with definitions: male and female. One looks like what is traditionally called a woman and the other a man.

I suppose the biggest difference could be the sexual differences but that seems obvious. Those might be superficial. What if we went deeper under the skin? What about hormones like

testosterone and estrogen, do they make us who we are? They reside in both sexes in various amounts (warning I'm not an informed expert). Question: So do the amounts of these hormones we have determine if we are male or female?

From what I can tell it's all about sex. In males the hormone testosterone it is primarily made in male testicles. In women the estrogen is primarily made in their ovaries. In a way that is the difference. Which do you possess: iron testicles or steal ovaries? What I'm saying is: its iron clad that you are either made to be male or female. I know some people are born with both sex organs but they still have ovaries or not. These people are far and few between. In the overwhelming general population it's obvious inside our bodies.

I'm not here to have a philosophical debate about what is male or female. For thousands of years it was pretty clear. It's only been in about the last 50 that we have confused the issue. We have looked in the mirror and wondered why we look like the other side. Some men look feminine while some women have mustaches. My understanding is that we physically are affected by the level of testosterone and estrogen in our bodies. In our scientific wisdom we have decided that the level of these hormones makes us female or male. It's not that obvious in the genitals anymore but the chemicals. Hormones and feelings make us think we are male or female. If we think we are certain sex then we must be, right?

I act like a girl or I act like a man in many situations. We are drawn sexually to the same sex since time began. Does that make us male or female? If I like men does that make me female or gay? Was God wrong about just making female and male, or is he still playing around like a kid with play-doh? People say science is evidence. You can't dispute the science. We may act or desire the same sex but that does not make the science or God wrong. You are who you are at

birth. If chemicals act a certain way then how can they change their actions? Generally they don't. Humans are not born with no sex.

I can cry in a movie. I can be brave in a car crash. I am born male but sometimes I act female. The way I act on a given day does not change my sex. The world today assumes we are defined by our preferences or feelings. In the past I was known by what I did. Today we are defined by what we believe to be true. If I think differently I am insulting your truth and in reality I am insulting you as a person. In the past we were male and female in body. There were no social tags. We were influenced by the female and males around us. Whatever influences you or social tags you wear do not change the fact that we are born male or female.

If I am 6 foot 7 does that make me a giant? Does 3ft nothing make me a dwarf? We might say yes but in reality we are human: really tall or really short. We look like and are described in certain terms. We look like a tall man or a tall woman: a small woman or small girl. If an alien came to earth, they might observe that the one with a certain type of body belongs to that type of creature. They can plainly see they are the same species but different bodies. Sometimes it's hard to tell visually, but under the skin we can tell.

In some species it's hard to know the difference. I read a little on A-sexual reproduction (my head hurts). There are some fish and bugs that reproduce without sex. It appears that in these cases they produce the female and male chromosomes to make a baby (guess there is no joy of sex in their lives). Some species eat the partner after sex (no joy there either). Even inside it takes two to make a baby: two creatures or two chemicals. In land animals it takes two. Some animals look the same but they are either male or female. Does the term go screw yourself apply in the animal kingdom?

All over the world animals are different. In one species the mom or dad raises the kids. Their actions and roles are different than their sex. The makeup of their body is female or male regardless of the role they play. The actions they take as defender or hunter are not defined by their sex. The animal kingdom is different than the human kingdom. We add logic and knowledge to our actions. Animals do too but humans are able to change our instincts by what we think and feel.

In history humankind felt that dominance or actions make us male or female. To some degree, in humans, yes it appears that way, but in the animal kingdom it's not so clear. Today I still see women taking care of their children. I wonder if generally we are built that way? When is the last time you heard of a female fox deciding to be male or do the male role? Animals don't change their mind or perspective. They are male and female and assume the role they always had.

That said, a female is much more than ovaries and boobs. I said in the last chapter that men are more than just fathers or knights in shining armor. A woman displays male qualities in various degrees, but a woman is by design a woman. Our transgender issue tries to correct the visual problem but inside buddy you are still what you were when you were born: male or female. Nice try but we can change things around but ovaries and testicles don't grow on trees. Self-induced hormones make you more like the sex you desire, but take away the pills and back you go. We are who we are at birth.

Lately we have decided that being male is false thinking. We are born as a bisexual being not female or male. Because of technology we can change the body. In history till now that could never happen. You were born male and female. Stuck or trapped in the other sex's body. We

spend a lot of time wishing we were anyone but who and where we are. Why can't we adore that we are born as. It's sad really that we are not happy being ourselves.

Possibly I laugh like a girl, I walk like a man, and I look kind of like both, yet inside that frame is one or the other. I was watching the television show called "Bones." In one episode they were looking for a suspect in a picture. Everyone in the show said it looked like George Clooney. In the end it was not but you could have fooled those who were asked. Why do we question what sex you are? Nine times out of ten you look like a female or male. I come from a simpler time when the question was a waste of time: duh your male dummy. Stupid question: you're a girl.

Why must we be who others think we should be? A child at age 5 has a sex change because the parents think it turned out wrong. At 5 years old we are defining our children. That child is forever changed by the view of two people. What happens if 10 years later they got it wrong? Why are children too young to have sex, drive, vote, but they are old enough to have a sex change? We don't we let kids be kids and work themselves out as they grow and change. The Bible has a great proverb "train a child in the way they are bent, and when they are old they will be there." It means that we should let children discover who they are instead of us telling them who they should be.

To be female is to have something special that a male does not have: ovaries? Sure but that is not what totally makes you female. Over the years companies tried to unisex products with little success. They found that visually guys are drawn in while emotionally women are touched. Taylor Swift is a success in her country music career, but it's the women that fuel her fame. In her concerts it's mainly women. She is beautiful and talented but men do not flock towards her like women do. Her songs are about relationships: things of the emotional heart. Women are who they are inside.

Years ago I went to a gay bar for the music. At that time they played the best tunes and were really popular. As expected, at one point I was offered to be gay or at-least bisexual. I could not do it because it was not in me to try. Could it be because it was wrong to be gay? We can argue that till the cows come home, but I don't think so. I have read that God has imprinted in us the right way to be: a moral compass. Is it moral to be straight or gay? Again I don't think so. We have brought morality into the picture. The Christian world has made our sexual preference a moral issue. What is right or what is wrong is not the issue.

We are what sex we were born with, but what we do with it is a different matter. I know a woman who is a great manipulator. She is strong willed and talented. She let those qualities run her life. She cheated lied, and chorused her way through life. Her daughter asked me once if she could get rid of her mother's qualities in her. I said do what is good with those qualities instead of bad. Do you let your body run your life? Is your life centered on being gay? Are you just a president? Are you a person who has no compassionate side? We determine our choices but it's not driven by what sex you are.

Patrick we are in a male dominated society. As a female you can't win. Really? Are there not famous women today and in history? Next to Jesus in the Bible who is the most famous: it's the mother Mary. There are more like Hillary Clinton, Emelia Earhart, Taylor Swift, and on and on we go. The men think they rule but the smart woman controls a powerful man. They always have. It's what you do with what you have that counts. The visual and the emotional are things we can control to some degree. Who you are inside physically and chemically is a different story. I know two men who run a company. One is a small smart man and the other is a tall smart man. One is funny but the other is more serious. Dominance is not based on the body but the brain. Who thinks they are the best?

We could try an experiment: can women compete with men? Why must we always go there? Experiment one: Hockey. Imagine a 160 pound girl playing hockey in the NHL. She is skilled, fast and strong. One night a 230 pound 6'4" male slams her into the boards. Why would be the results? How about a 330 pound linebacker in football tackling a very fast 130 pound female receiver? I suggest that the results in both instances would be discussed in the hospital.

Maybe I'm wrong and a sexist? I really don't look at women in a bad way, but I wouldn't want to slam them into the boards either. Imagine a 230 pound lineman attending a baby shower. Maybe he is teaching kindergarten. There is just something odd with that. In human eyes it seems not to fit well with who we are as male and female. It does not mean they can't do it? No, but it begs the question: should they?

This chapter is a discussion. I am not an expert. We take what have been given and use it for good and bad. I have a friend who is out of work. He feels slighted by society. His health is an issue. I asked him to rise above himself and be more than he thinks. He declined. I have been told I am too old, too dumb and a great list of other things, yet I succeed because I believe I can. Is it because I am a man? I never thought that. I think a white old male is stereotyped in our country. Still here I am trying to talk to you: the male and female. My point for 8 pages is to be who you are not what you think you should be. You were not made that way by chemicals or God.

In closing, think about what society wants you to see in the mirror. They want you to be defined by your visual picture or sexual desire. Aren't you more than a picture or your daily feelings? Descartes says "I think therefore I am." We exist for a variety of reasons. In the end the person cannot be defined by one event, one thought, or one feeling. We are able to be anything if we think we can. We can be a black president or a gay mountain climber. Did we achieve that



because we are physically black or by definition gay? I say no, you got there because you believed you (the human) could. Now take another look in the mirror. What do you see?